



# Virginia Beach Lifeguard Association 2010 Junior Lifeguard Camp

## Mission

The Virginia Beach Lifeguard Association (VBLA) - Junior Lifeguard Camp - is committed to teaching the fundamentals of beach safety, first aid and environmental awareness in a physically active and fun filled week of activities. The Junior Lifeguard Campers will learn from and sometimes along side current Virginia Beach Lifesaving Service (VBLS) Lifeguards gaining a true sense of the role, responsibilities and reward of today's oceanfront lifesavers.

## Sessions

Session 1: Monday, June 21 – Friday, June 25

Session 2: Monday, June 28 – Friday, July 2

Daily Schedule – Drop Off\*: 8:15am – 8:30am / Pick Up\*: 2:30pm – 2:45pm

\*Drop Off and Pick Up take place at the Virginia Beach Lifesaving Service; 1804 Arctic Avenue, VB.

## Eligibility

The VBLA follows the recommendations of the United States Lifesaving Association in offering the camp to participants from the ages of 9 to 17. (However, most 16 & 17 year olds forego the Junior Lifeguard Camp to begin working with the VBLS.)

*Every camper should be able to swim 100 meters continuously and be confident in their swimming abilities.*

## Uniforms

Campers will receive a VBLA Junior Lifeguard T-shirt included in their registration fee that should be worn for each day of the camp. Extra shirts may be purchased for \$12 per shirt.

Campers are asked but *not required* to wear a navy blue suit. Suits can be purchased at Aquawear, the official suit supplier of the Virginia Beach Lifesaving Service and VBLA. Aquawear is located at the intersection of Newtown Road and Stoney Point South in Norfolk. Mention you are with the VBLA Junior Lifeguard Camp and you will receive a discount on your purchase.

## Registration Fee & Paperwork

One session of the camp is \$125 per applicant.

[Each additional session or additional family members is \$100.]

To register, please fill out the registration materials and return them to the mailing address below.

A complete registration application will include the following:

One VBLA JG Student Application per applicant

One Liability Release Form per applicant

One Registration & Payment Form per family

Mailing Address: VBLA – Junior Lifeguard Camp  
1712 South Woodhouse Road  
Virginia Beach, VA 23454

## For More Information

VBLA Junior Lifeguard Administrator Julie Levine:

Email: [julielevine@capehenry.org](mailto:julielevine@capehenry.org) / Phone: (757) 641-4267

VBLA Junior Lifeguard Director Dave Bostic

Email: [dabostic@gmail.com](mailto:dabostic@gmail.com) or [David.Bostic@VBSchools.com](mailto:David.Bostic@VBSchools.com)

Visit the Jr. Guard website at [http://vbls.org/jr\\_lifeguards.htm](http://vbls.org/jr_lifeguards.htm)

***The VBLA is a registered 501-C3 non profit organization***

**Virginia Beach Lifeguard Association**  
**JUNIOR LIFEGUARD CAMP APPLICATION**

**VBLA Junior Lifeguards**  
**1804 Artic Ave**  
**Virginia Beach, VA 23451**

Applicant Name \_\_\_\_\_  
Last First Middle

Address \_\_\_\_\_

Email Address: \_\_\_\_\_

Gender Male \_\_\_\_\_ Female \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Day Time Phone Number \_\_\_\_\_ Evening Phone Number \_\_\_\_\_

School \_\_\_\_\_ Are you a past participant? Yes \_\_\_\_\_ No \_\_\_\_\_

How did you hear about our program? \_\_\_\_\_

**EMERGENCY CONTACTS**

Mother's Name \_\_\_\_\_ Phone 1 ( ) \_\_\_\_\_ Phone 2 ( ) \_\_\_\_\_

Father's Name \_\_\_\_\_ Phone 1 ( ) \_\_\_\_\_ Phone 2 ( ) \_\_\_\_\_

If you can not be reached in an emergency, contact:

Name/Relationship \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Name Relationship \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Physician \_\_\_\_\_ Phone ( ) \_\_\_\_\_

List any restrictions to medical treatment \_\_\_\_\_

Allergies to food or drugs: Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, explain: \_\_\_\_\_

Last Tetanus Diphtheria Booster \_\_\_\_\_

Special medications, pertinent information or special instructions \_\_\_\_\_

\_\_\_\_\_

The completed waiver must accompany this application along with a check for the total fee made payable to the Virginia Beach Lifeguard Association.

**RELEASE FROM LIABILITY**

In consideration of the acceptance of my child's application, as a participant in the Junior Lifeguard Program, I hereby agree to assume all risks attendant upon my child while participating in the Junior Lifeguard program. I hereby waive, release, and discharge any and all claims for damage for death, personal injury or property damage which my child may have, or which may hereafter accrue to my child, as a result of my child's participation in the Junior Lifeguard Program. I agree to save and hold harmless from liability the Virginia Beach Lifeguard Association, Virginia Beach Lifesaving Service, Inc. and/or any of their agents, volunteers, or employees by reason of accident, death, injury, or damages to persons or property which my child may suffer while participating in the Junior Lifeguard Program. This release is intended to discharge in advance Virginia Beach Lifesaving Service, Inc. and/or any of their agents, volunteers, or employees by reason of any accident, death, injury, or damages to persons or property which my child may suffer from and against any and all liability arising out of or connected in any way with my child's participation in the Junior Lifeguard Program, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents or death can occur during aquatic and marine activities; and that participants in aquatic and marine activities occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risk of aquatic and marine activities (swimming, surfing, lifesaving, canoeing, and the like) nevertheless, I hereby agree to assume on behalf of my child those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to my child (or my child's heirs or assigns) for damages.

It is further understood and agreed that this waiver, release and assumption of risk is to be binding on the heirs and assigns of my child. I agree to assume all responsibility for any property damage or injury to any person caused by my child while participating in the Junior Lifeguard Program.

**VIDEO-PHOTO RELEASE**

I understand that during the Junior Lifeguard program or related activities, my photograph and/or the photograph of my child may be taken by the Junior Lifeguard Program producers, sponsors, organizer, and/or assigns. I agree that my photograph and/or the photograph of my child, including video photography, film photography, or other reproduction of my likeness or the likeness of my child may be used without charge by the Virginia Beach Lifeguard Association, the Virginia Beach Lifesaving Service, Inc., its producers, sponsors, organizers, and/or its assigns for educational, promotional, and/or other necessary purposes.

**AUTHORIZATION TO TREAT A MINOR**

I, the parent or legal guardian of the child referred to herein, do hereby authorize and consent to any x-ray examination, anesthetic, medical, or surgical treatment rendered under the general or special supervision of any member of the medical staff and emergency room staff licensed under the provisions of the Medical Practice Act or a dentist licensed under the provisions of the Dental Practice Act and on the staff of any acute general hospital or emergency care facility holding a current license to operate a hospital or emergency care facility from the State of Virginia Department of Public Health. I understand that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician, in the exercise of his/her best judgment, may deem advisable for my child. Further, I understand my child will be participating in inherently dangerous activities (swimming, surfing lifesaving, canoeing, and the like) and agree to pay for my child's medical expenses. I understand that all effort shall be made to contact me prior to rendering treatment to my child, but any of the above treatment will not be withheld if I can not be reached. This authorization is given pursuant to the provisions of the Virginia Civil Code. This consent shall remain in effect until the end of the Junior Lifeguard Program session in which my child is enrolled.

**JUNIOR LIFEGUARD REFUND POLICY**

◆ There is a \$50.00 fee for cancellation made prior to the first day of instruction. After the second day, no refunds will be made.

**PLEASE INITIAL BELOW:**

\_\_\_\_\_ **PREVIOUS PARTICPANTS ONLY.** I request that my child not tryout this year.  
He/She is a previous participant in the Virginia Beach Lifesaving Service, Inc. Junior Lifeguard Program and I certify that my child is physically fit to participate in the Junior Lifeguard Program this summer

\_\_\_\_\_ **UNIFORMS:** I understand that my child is encouraged to wear a Dark Blue swimsuit and the program T-shirt Or Rash Guard during Junior Lifeguard activities.

\_\_\_\_\_ I have read, understand, and approve the **RELEASE FROM LIABILITY** and the **VIDEO-PHOTO RELEASE.**

\_\_\_\_\_ I have read, understand, and approve the **AUTHORIZATION TO TREAT A MINOR.**

\_\_\_\_\_ I have read, understand, and accept the provisions of the Junior Lifeguard Program's **REFUND POLICY.**

\_\_\_\_\_ I understand that if I do not initial to approve the **RELEASE FROM LAIBILITY** and the **AUTHORIZATION TO TREAT A MINOR** and if I refuse to sign this document, the Junior Lifeguard Program will not be able to process my child's application.

Applicant Name

Birth Date

Signature of Parent or Legal Guardian

Date

## VBLA Junior Lifeguard Registration & Payment Form

		Student #1	Student #2	Student #3
	First Name (required)			
	Last Name (required)			
	T-Shirt size (required)	Adult: S M L XL Youth: S M L XL	Adult: S M L XL Youth: S M L XL	Adult: S M L XL Youth: S M L XL
<b>Registration</b> Please check the appropriate box for each student				
Session # 1 (M-F): June 21 – June 25				
Session # 2 (M-F): June 28 – July 2				
		Quantity (Youth/Adult)	Quantity (Youth/Adult)	Quantity (Youth/Adult)
Extra T-shirt (\$12)		<b>S M L XL</b>	<b>S M L XL</b>	<b>S M L XL</b>
<b>Fees</b>	Price	Quantity	Item Total	
Registration Fee (per session)	\$125 x			
Additional session or family member	\$100 x			
Extra T-shirts (1 is included with registration per applicant)	\$12 x			
	<b>Total \$</b>			

**Make Check Payable to: VBLA**  
(Note: Partial Payments are not accepted, the complete order must be paid in full)

To be completed by Junior Lifeguard Staff					
Check # /Cash	Receipt #	Amount Paid	Amount Due	Date	Staff Member